

English + Zumba - 2020  
GV Calgary

30 lessons per week (Full Time Intensive)  
25 lessons per week (Full Time)  
25 or 30 Lessons + \$25 for each 4 weeks  
Minimum age: 16+

## Learn English, Stay in Shape and Feel Great!!

Why not exercise your mind and your body at GV Calgary!

Zumba is a great exercise program and is taught in the school by an accredited Zumba Instructor!

This package includes:

- 25 or 30 Lessons of English per week in a great school in downtown Calgary. Make new friends from around the world, develop your English ability, and have fun!
- Zumba involves dance and aerobic movements performed to energetic music. The choreography incorporates hip-hop, soca, samba, salsa, merengue and mambo. Squats and lunges are also included.
- Enjoy the opportunity to improve your English, get in shape, and feel great!

ENTRANCE LEVEL: no minimum level required

### GV ENGLISH PROGRAM SCHEDULE

20 Lessons	Monday - Friday
Communicative Grammar	08:45 - 10:25 AM
Break	10:25 - 10:40 AM
Functional Dialogue	10:40 - 12:20 PM
Lunch Break	12:20 - 1:05 PM

25 Lessons	Monday - Thursday
PM 1 Session Focus on Skills*	1:05 - 2:10 PM
30 Lessons	
PM 2 Session Focus on Skills*	2:25 - 3:30PM

Zumba classes held weekly:	
Stretch your body!	Feel great!
Enjoy exercising in the school	Dance to great music
Join your friends	Have a fun time exercising!

\*PM SESSIONS - Sample Electives/Options:

- Listening and Speaking
- Writing/Grammar/Pronunciation/Vocabulary
- Academic Preparation

### 2020 CLASS START DATES

**Flexible Start Dates:  
You can start any week!**

**Students can begin their  
study on any Monday!**

Please contact:  
Calgary@gvenglish.com

