

## Welcome to Toronto!!



**This document is designed to help you plan your trip to Toronto, with information about our multicultural city, our fabulous school and our accommodating Homestay Service**



### A little Toronto history...

Set on the north shore of Lake Ontario, Toronto was created on March 6, 1834, when the settlement of York was renamed Toronto, the Mohawk word for "meeting place."

### Interesting Toronto Facts...

- Toronto is the capital of the province of Ontario, and is the largest city in Canada.
- Toronto is the 5th-largest city in North America, after Mexico City, New York, Los Angeles and Chicago.
- Yonge Street, known as the longest street in the world, is the main north-south road and divides the city into east and west.

For more information visit [www.toronto.com](http://www.toronto.com). Another source of help is [www.211toronto.ca](http://www.211toronto.ca)

### Languages spoken

There are two official languages in Canada - English and French. One of the most multicultural cities in the world, Toronto is home to more than 80 ethnic groups and more than 100 languages, and is marked by the diversity of distinct neighbourhoods, cultures and communities.

### Neighbourhoods

Toronto is a city made of many neighbourhoods with several distinct areas such as: Little Italy, Queen Street West, Entertainment district, Fashion District, High Park, Roncesvalles, Leslieville, Beaches, Greektown, Little India, the Distillery District, Kensington and Chinatown. There are also major shopping centres (Scarborough Town, Yorkdale, Eaton Centre) and downtown - underground malls with food courts. Most of the neighbourhoods have public community centres with free access to pools and courts.

For such a large city - you may be surprised to find that Toronto is a very safe, clean city with friendly, helpful people. Most neighbourhoods are family-oriented. It is very common to find lots of trees and parks, bike and walking trails. Many people live in houses with gardens and many people also own pets.

Since Toronto is so large, it is very common to take the bus or subway to travel. Some students can expect to have to travel up to 1 hour to go to or from school.

### Public Transit

The Toronto Transit Commission (TTC) is the name of the public transportation system. The safe and easy-to-follow system includes subway, bus and streetcar routes. Single adult fare is \$3.00. Tokens may be bought from machines inside subway stations, and when you buy more, you get a discount. Monthly/day passes are also available: a monthly pass is: \$141.50, a weekly pass (valid Monday to Sunday) is: \$40.75 and a day pass (two adults on weekends and holidays, one adult on weekdays) is \$11.50. For more information visit [www.ttc.ca](http://www.ttc.ca)

Note: Drivers cannot give change nor do they sell tickets, so you must have the exact fare or a token/ticket/pass to enter any TTC vehicle. If you are taking two busses or any combination of

bus, streetcar and the subway, you will need a paper "transfer" ticket from the driver or machine where you first pay. This transfer can only be used at corners where you disembark one vehicle and board a different one, moving in one direction. But a monthly, weekly or day pass can be used by another person when you are finished with it. Ask your driver or the station attendant if you are not sure.

### **Safety**

Although Toronto is remarkably safe compared to other large cities in North America, certain precautions should still be taken while using public transit.

- At night (Blue Light Service), bus and streetcar drivers will let women disembark at requested en-route locations between stops.
- Stay behind the yellow line on subway platforms.
- All subway platforms have Designated Waiting Areas, which are monitored by video-cameras and have alarm buttons and a voice-link to the attendant. Look for the DWA sign.

### **Taxis**

Meters start at \$4.25, and increase by \$0.25 every half a minute. A typical trip will approximately cost:

- Airport to downtown: \$60
- Airport to most Homestay families: up to \$75
- Within downtown Toronto: \$10 to \$15, depending on traffic
- Longer trips in the city: up to \$40



Official rate and fee schedules (including baggage) should be displayed in the cab, along with a taxi driver's license bearing a photo of the driver.

### **Currency**

Currency used in Canada is the Canadian Dollar (\$C).

Paper bills come in \$5, \$10, \$20, \$50, \$100, and \$1,000 denominations.

- The two larger coins are the \$1 gold-coloured coin, commonly called a "loonie" (the loon is the bird engraved on one side), and the \$2 silver- and gold-toned coin (the "toonie").
- Commonly used small coins are the 5-cent ("nickel"), 10-cent ("dime") and 25-cent ("quarter") pieces.



To see current currency exchange rates, you can visit [www.xe.com/ucc](http://www.xe.com/ucc)

### **Tax**

On most purchases, the harmonized sales tax (HST) of 13% is applied. There is no HST on most grocery items, but restaurant meals are taxed. HST is not charged on reading materials.



#### **No smoking**

All public buildings in Toronto are non-smoking. As of January 1<sup>st</sup>, 2015, smoking is not permitted on bar and restaurant patios. The minimum age to legally buy tobacco products in Ontario is 19.

## Passports and I.D.

Visitors from most countries require a passport and may also require a visa. Contact the nearest Canadian embassy for details or visit: [www.cic.gc.ca](http://www.cic.gc.ca)

If you are planning a trip to the U.S., please check your visa requirements before leaving home.

## Voltage - Electricity

In Canada the voltage is 120V and it is a 3-prong outlet. You may require an adapter to use any electrical equipment you bring with you. Visit [www.voltagevalet.com](http://www.voltagevalet.com) for help.

## Business Hours



Most office hours are 9 a.m. to 5 p.m., Monday to Friday. Most shops are open 10 a.m. to 5:30 or 6 p.m., Monday to Saturday. Many store hours are extended to 8 or 9 p.m. on Thursdays and Fridays, and most stores are open Sundays 12 noon to 5 p.m.

## Time Zone

Eastern Standard Time (EST) is five hours behind *Greenwich Mean Time (GMT)*. During Daylight Savings Time (DST), March to November, clocks are turned ahead one hour.

- If it's 6:00 pm in Paris - it's 12:00 pm (noon) in Toronto
- If it's 6:00 pm in Sao Paulo - it's 7:00 pm in Toronto
- If it's 12:00 pm (noon) in Tokyo - it's 11:00 pm in Toronto

## Telephone

Toronto has two area codes: 416 and 647. Local calls require 10-digit dialing: the area code followed by the seven-digit phone number.



- The emergency number for all health, safety and crime emergencies is 911.
- Dial 411 for an operator to aid with locating a number. Dialing 0 will also get you an operator for general assistance.

Pay phones cost 50 cents (two quarters, or a combination of dimes and nickels) per call. Phones do not give change, but will return coin(s) if call is not completed. Phone cards for multiple calls are available at the school.

## Seasons in Toronto

Situated on the northern shore of Lake Ontario, Toronto is one of the southernmost cities in Canada. In fact, its latitude is very close to that of northern California. As a result, Toronto has a surprisingly moderate climate - with the warmest springs and summers in Canada. Check out [www.weathernetwork.ca](http://www.weathernetwork.ca) before your departure to see what the weather will be like.

## Summer

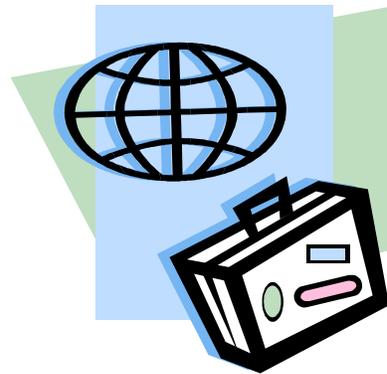
Summer in Toronto can be quite warm and fairly humid. Midsummer temperatures range from 61-81 F (16-27 C), with quite a few days in the 90s F (32-35 C). As a result, the beaches, parks and patios can be packed all summer long.

What to pack: You will find that Canadians dress a lot more casually than you may be used to. As for clothes, anything goes in the summer in Toronto - from shorts & sandals to jeans or sundresses - but take note: shirts & shoes are mandatory at most dining and retail establishments.

Here is a summer packing check-list for you:

**Clothes:**

- Shorts
- Jeans
- Long pants (thin not too heavy)
- T-shirts
- Sleeveless tops
- Skirts
- Sundresses
- Long sleeve tops (thin not too heavy)
- Swimsuit
- Socks and Underwear
- Sun hat
- Sandals
- Running Shoes
- Jacket
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_



**Toiletries:**

- Shower soap
- Tooth brush
- Shampoo
- Lotion / Moisturizer
- Make-up
- Deodorant
- Razor and shaving cream
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

**Other:**

- Camera
- Dictionary
- Umbrella
- Sunscreen
- \_\_\_\_\_

## Jet Lag

The feelings of disorientation encountered as a result of crossing time zones are known as jet lag. Although jet lag occasionally lasts for a week or more, travelers usually return to their normal sleep-wake pattern after a day or two.

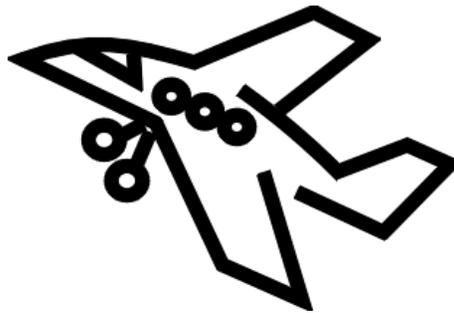
Jetlag can be mainly avoided by sleeping in the plane and by adjusting to your new time zone.

### Suggestions for jetlag self care include:

- If you are flying westward, try to go to sleep as late as possible for two to three days before you leave. This will make it easier to adapt to the new location.
- When you sleep on the plane, try to plan sleep as if the time is that of the destination.
- Wear an eye mask.
- Maximize comfort with a pillow supporting your neck and head.
- Bring earplugs and blindfolds to reduce noise and light while sleeping.

### Suggestions on adjusting to your new time zone include:

- Expose your body to daylight to help 'reset' your body clock.
- Drink caffeinated drinks in moderation during the day.
- Avoid alcohol or caffeinated drinks for a few hours prior to sleep at night.
- Try to mimic your usual bedtime routine.
- Use relaxation techniques.
- Avoid heavy exercise close to bedtime.



### Before Leaving Home - make sure:

- \_\_\_ your flight is confirmed and the school has your latest flight information
- \_\_\_ you have your Homestay address and phone number with you
- \_\_\_ you have 2 Canadian quarters (50¢) to make a phone call  
(your cell phone may not work in Canada.)

## **Arriving in Toronto**

### **If you are in Global Village Homestay and have arranged airport pick-up:**

When you arrive in Toronto, go to the "Arrivals" meeting area. This area can be very crowded. Look for a sign with your name on it. The person holding the sign is your driver. Show your driver a piece of identification, such as your passport. This driver will take you to your Homestay.

### **Please call the Homestay Emergency Number: 416-888-9282, if:**

1. you missed your connecting flight OR
2. you have been delayed by immigration OR
3. you cannot find your luggage after looking for 30 minutes OR
4. you cannot see your driver at the airport

### **When you call the emergency number, please:**

- Say and spell your name. ("My name is... It's spelt...")
- Tell us why you are calling. Examples:
  1. "I have missed my connecting flight. I will be late."
  2. "I have been delayed by immigration."
  3. "I cannot find my luggage"
  4. "I cannot find my driver."

### **If you cannot call the emergency number by yourself, please ask someone to help you. For example:**

- Ask the airline staff or an airport official (information booth)
- Phone your agent to pass on the information

### **If you have not arranged airport pick-up:**

When you arrive, proceed to the limo /taxi area. One of the commissionaires will help you find a driver to take you into the city or be able to show you where to take public transit. Please note that public transit may involve taking a subway, bus and/or streetcar which could be difficult if you have a lot of luggage.

**NOTE:** It is against Canadian law for airlines to give passenger information to third parties. As a result, without proper flight updates, we will not know which flight you are on. If students are not found after their flights clear, they will need to take a taxi at their own expense to their homestay. The airport reception fee will not be refunded.

## **Orientation Day**

1. Arrive at 180 Bloor Street West by 8:30 and check in at the 2<sup>nd</sup> floor reception area.
2. A GV staff member will greet you and ask to see your letter of acceptance and passport.
3. You will be given a schedule for the day and a name tag. Put your name tag on and follow one of our staff members to a classroom.
4. You will write a test to evaluate your level of English. Afterwards, you will have a speaking test with one of our teachers.
5. Next, you will receive a Global Village Binder and Student Handbook, and listen to an Orientation with the Director of Programs, the Activities Coordinator, the Registrar, the Assistant Director of Studies, the Homestay Coordinator, and the Computer Services Manager, who will give you all the information you will need about the school and services we offer our students.
6. After Orientation, you will go on a tour of the school and walk of the neighbourhood with a GV staff member to familiarize yourself with the area around the school. They can show you where to find the post-office, the pharmacy, the library, restaurants, coffee shops and a bank or currency exchange.
7. You will get your GV student card that can be used to get a discount at some local stores (e.g. Second Cup Coffee Shop near the school).

## **First Day of Classes**

1. Arrive by 8:30 so that you have time to find out which level you are in and where your classroom is located. Make sure you have a pen, pencil and notebook with you.
2. Class lists will be found on the TV monitors in the student lounge on the 3<sup>rd</sup> floor and on the 2<sup>nd</sup> floor by the billiard table. Look for your family name. The level, room number and teacher's name is also on the list. The Director of Programs and other administrative staff will be on the 2<sup>nd</sup> and 3<sup>rd</sup> floors to help from 8:15 - 8:45.
3. Go to your classroom to meet your teacher and classmates.
4. Your teacher will provide you with a level outline so you are aware of what is covered in the level and what is expected of you by the end of the level.

## STUDENT HOMESTAY INFORMATION

### Your Bedroom

- Your bedroom will be completely private with a door that fully closes. It will have a bed and a desk with a lamp on it. There will also be a place for you to hang your clothes and store your belongings.
- Your homestay host will respect your privacy and will not go into your bedroom without permission, unless it is absolutely necessary.
- Students should clean their room and empty the garbage at least once a week.
- Your homestay family will give you items like hand soap, towels, pillows, bed sheets, etc. Most students will have to change their own sheets.
- Students should not leave a lot of money in their room. It is very easy to open a bank account in Canada.
- Please do not eat or store food in your bedroom as this may attract insects and cause a bad smell.



### Mealtime

- Please advise your Host Family of any food allergies.
- It is important to tell your hosts the foods that you like, and the foods that you don't like. Do not worry; they will not be upset to hear that there is something that you do not like. But you must keep in mind that hosts will cook Canadian style food.
- Students usually prepare their own breakfast and lunch. Your Host Family will provide you with food to prepare your lunch; you can take your lunch to school on weekdays. Canadian lunch is usually sandwiches, a fruit and a drink.
- Food between meal times is considered snacks. If your family is enjoying a snack together, then they will include you.
- Students may also wish to purchase specialty foods/brand name items at their own expense.
- In North America, the biggest meal of the day is the evening meal. This should be a well-balanced meal. Breakfast is the smallest meal. Possible breakfast choices are: cereal, toast, eggs, fruit, etc.,
- You should phone your host (by a set agreed upon time, for example, 5:00) to tell them if you are not going to be home for dinner. If you come home late for dinner, your host will leave food in the fridge that you can heat up in the microwave.



### Laundry

- Laundry and laundry detergent is included in the price for homestay.
- Students are responsible for washing their own clothes. You should make sure that you fully understand how to use the machine.
- Some hosts may feel that their machine may be difficult to use and will therefore want to do it themselves.
- It is normal for students to do their laundry once a week.



- You should only do the laundry if you can do a full basket. This is because it takes a lot of electricity to run the washing machine. Hosts will not want you to use it if you only have a few pieces of clothes to wash.
- If your host lives in an apartment building and there is only coin laundry available, your host will pay for your laundry. You should not be charged for using laundry facilities.

### Washroom

- Students are responsible for their own toiletries such as: bath soap, toothpaste, shampoo, make-up, lotions, deodorant, etc.,
- Many families in Canada do not have large hot water tanks; therefore, some hosts may ask you to take showers for no longer than 15 - 20 minutes. This is because you might run out of hot water and will have to wait for the water to heat up again.
- Water pressure or temperature may decrease if the dishwasher or the washing machine is running. For this reason, it may be necessary to schedule when you will take your baths or showers.
- Please make sure you close the shower door or curtain to prevent water getting on the floor. Canadian bathrooms do not have drains in the floor.
- For safety reasons, please dry the floor and sink area after every use so that others will not slip as the floor can get very slippery.



### Energy Conservation

- It is common for most houses in North America to take part in an energy conservation program.
- Here are some common ways to save energy:
  - Turn lights out when you are not in a room
  - Wear long sleeve clothing or sweaters in the home during winter time
  - Keep showers to a reasonable length (15 - 20 minutes as a maximum)
- Hosts keep the temperature of their home at a reasonable level during the winter time.
- Most families in Toronto recycle - hosts may have separate places to put paper, tin cans, and plastic items. Your host will explain this to you after you arrive.



### House keys



You will get a key to your Homestay house. It is important that you take special care of the house key as it is a means of getting into the house and your host trusts you with it. Please make sure you lock the door when you leave the home. This is very important for safety reasons.

### Houseguests

If you wish to invite a guest to visit your Homestay, you must have your hosts permission in advance. Guests are not permitted to sleep overnight in Homestay without permission from the host. If you plan to stay away from the house overnight then please inform your host at a reasonable hour so that they will not expect you.



give

## Smoking



For health, hygiene and fire safety reasons, smoking is not permitted in Homestays.  
You must smoke outdoors only.

## Extending your Homestay

Please contact us if you think you will want to stay in Homestay for a longer time than you have pre-booked.

If you want to extend your time in Homestay you must inform and pay the school at least 3 weeks in advance.

We hope your time in Homestay is a great one!

Please do not hesitate to talk to us at anytime regarding any questions or concerns you may have. We are here to help you.

Please come to see us - times are posted on the Homestay office door.

Or contact us at: [416-480-0678](tel:416-480-0678) and we will do our best to assist you.



## Homestay Discussion Sheet



Below is a list of questions you should ask your Homestay host. The purpose of this activity is to help familiarize you with the daily routine and house rules. Your host family will do their best to make you comfortable. You are a guest in the host's home, we ask that you make every effort to fit in with your host family. By setting guidelines and limits, we hope to eliminate any problems and provide you with a more positive homestay experience.

1. At what time do you usually eat dinner? \_\_\_\_\_  
I understand that I need to phone you if I will not be home for dinner.  
By what time do I need to call home to tell you this? \_\_\_\_\_  
  
I understand that my family will eat dinner without me if I come home late.  
I know that I will need to heat my food up on my own. Where will I find my dinner to heat up?  
\_\_\_\_\_  
  
If I clean up after myself, am I allowed to cook in the kitchen at a convenient time? How late?  
\_\_\_\_\_
2. I understand that I can only use the phone when I am calling within Toronto. From what times may I receive phone calls? (For example, from 8:30 a.m. - 10:00 p.m.) \_\_\_\_\_  
Is there a limit to how long my calls should be at one time? \_\_\_\_\_
3. I understand that I have to ask permission for a friend to come over.  
Am I allowed to have a friend over while you are not in the house? \_\_\_\_\_
4. When may I use the stereo, TV and V.C.R? (time range) \_\_\_\_\_
5. I understand that I should make sure the counters and floor are left dry after I have washed up.  
When may I take a bath or shower? (time range) \_\_\_\_\_  
How long should my bath or shower last? (For example, 15 - 20 mins.) \_\_\_\_\_
6. Do I wash my own laundry? \_\_\_\_\_  
How many times a week may I do my laundry? (For example, once a week) \_\_\_\_\_  
Some of my clothes need to hang dry. Where can I hang them? \_\_\_\_\_
7. Are there any special alarms that I should know about? \_\_\_\_\_
8. I understand that as an adult I may come home late some nights, and will be very quiet so that I do not wake anyone up. Do I need to do anything when I come home late at night? \_\_\_\_\_
9. I understand that I must smoke outside my homestay. If I want to smoke outside, where should I put my cigarette butts? \_\_\_\_\_  
Student Homestay Services reserves the right to remove any student from homestay who smokes anywhere in the home.
10. I understand that if I have an accident and something breaks or gets damaged, I must tell you right away.
11. Is there anything else I should know about the house? \_\_\_\_\_

**Following is a copy of the Homestay agreement between Global Village Toronto and all Homestay families committed to hosting our students:**

**G. V. HOMESTAY INC.**

**FAMILY NAME:** \_\_\_\_\_

This agreement shall at all times govern the rights and obligations of the parties in respect of any and all students placed by G. V. Homestay Inc. in the residence of the Family and accommodation afforded by the Family to the students of G. V. Homestay Inc. from time to time.

**FAMILY HOMESTAY AGREEMENT**

1. You will provide room and board according to your habits and traditions and as directed by G.V. Homestay Inc. You will provide three healthy, adequate meals a day. Breakfast ranges from toast or cereal or eggs on weekdays to bacon and eggs, pancakes or muffins on weekends. Lunch should consist of a sandwich, a piece of fruit and a drink. Dinner selections vary with each host family. An evening meal will be prepared and left if you are not home or if the student comes home from school late. Snacks should be available to the student at any time.
2. You will provide basic furniture which includes a bed, closet and desk or study table, chair and good lighting in the student's room. The room will not be shared without the consent of G.V. Homestay Inc.
3. The room that you have designated to G. V. Homestay Inc will be the room provided for the student during the duration of the homestay period. If a change is necessary, G. V. Homestay Inc. should be notified.
4. You will provide each student with a key to your house.
5. You must speak English when the student is present.
6. You will not require the student to provide a damage deposit or telephone deposit. G. V. Homestay Inc is not responsible for long distance phone calls made by the student or for any other expenses incurred while the student stays with you.
7. You will maintain comprehensive liability insurance on your property for the duration of this contract and will provide G. V. Homestay Inc with proof of such insurance upon request.

G. V. Homestay Inc does not assume any responsibilities for injuries suffered by the student while in your care.

8. You will contact the Homestay Coordinator immediately if difficulties arise and work with the Coordinator towards resolving those issues.
9. You will not require or request the student to babysit. You will not require the Student to do housework apart from tidying up following a meal or snack, using the bathroom and keeping his/her own room clean.
10. You will treat the student with respect and tolerance and will not deal with the student in an aggressive or abusive manner.

11. You will show the student some places of interest in the community during the first couple of weeks and continue to include the student in the family's activities for the duration of the student's stay.
12. You are expected to provide a welcoming and secure environment. If it is discovered that there are problems in the home, such as alcohol or drug abuse, the student will be removed. If improper physical advances towards a student occur, the student will be removed from the home and legal action taken if warranted. G. V. Homestay Inc. has the right to move a student without the usual advance notice if the situation is unsatisfactory. If you do not meet the requirements or criteria of the Homestay Program or breach any of the terms and conditions contained in this Agreement, G. V. Homestay Inc. will have the right to immediately terminate your participation in the program.
13. G. V. Homestay Inc. will try to find the appropriate student placement but cannot guarantee that all of your requirements will be met. G. V. Homestay Inc cannot guarantee that you will be provided with a student each month.
14. You will not host two students who speak the same language unless specifically requested to do so by G. V. Homestay Inc.
15. You will not host more than three international students in the home at the same time.
16. If information in the homestay application form is incorrect, G. V. Homestay Inc will have the right to remove the student and/or terminate this Agreement.
17. You agree to meet each of your students at the airport upon arrival. If you are unable to go personally, you must notify the Homestay Coordinator in advance so that alternative arrangements can be made.
18. In the event you are away from home while you have a student you will ensure that you limit your absence to no more than three consecutive days and you also agree to make arrangements for someone to perform your obligations under this Agreement during your absence.
19. Except as provided in point 12, this Agreement may be terminated by G. V. Homestay Inc. upon 30 days notice.
20. You understand and agree that you will be paid on the second Wednesday of each study block. No deposit will be required of the student.
21. You agree not to accept direct payment from the student for homestay even if the student no longer takes courses at the school.
22. You will refund the balance of the remuneration to G. V. Homestay Inc. immediately if this Agreement is terminated by G. V. Homestay Inc.
23. You agree that you will release and hold G. V. Homestay Inc. harmless for any damages which you may suffer or claim which you have as a result of entering into this Agreement and without limiting the generality of the foregoing, for any action or behaviour of the student during his/her stay with you. Students are bound by the same laws and statutes as Canadian citizens. G. V. Homestay Inc. and their agents are in no way to be considered as having a legal guardian status or in any other manner responsible for the behaviour or actions of the student.

**Following is the contract you will sign when you will be living with one of our Homestay families:**

## **G. V. HOMESTAY INC.**

### **STUDENT HOMESTAY AGREEMENT**

1. The Student is expected to take part in the Host Family's daily activities and participate in all family chores shared by the general family. (Example: tidy up, clean up after meals etc.)
2. The Student is responsible for informing his or her family when making plans to go out on a free day or afternoon.
3. It is not guaranteed that the Student will be matched with a family having children or persons in the same age range as the Student, with a one-parent family or a two-parent family. In every case, the Homestay Office will make every effort to provide the best for the Student.
4. The Student should inform the Host Family and the Homestay office three weeks before the end of the Homestay month if they decide to terminate the agreed Homestay period or if they want to extend the Homestay period. No notice is required if the Host Family has not met the conditions outlined.
5. The Student is responsible for his or her own meal arrangements on those days when all-day excursions or afternoon activities are planned.
6. The Student shall show consideration and tolerance to Host Family members.
7. The family will maintain comprehensive liability insurance on the property for the duration of this contract and will provide the Homestay Office with proof of such insurance upon request. Working smoke detectors are required on each floor of the home. The Homestay office does not assume any responsibilities for injuries or fatalities to Homestay family members and/or their guests or for damage to property and possessions caused directly or indirectly by the student.
8. The Student shall invite guests to the home only with the knowledge and permission of the Host Family.
9. The Student shall keep his/her room clean and tidy and must vacuum their room and empty the garbage can once a week.
10. If the Student is doing his/her laundry, it must be done once a week.
11. The Student shall respect the privacy and belongings of the Host Family.
12. The Student shall respect and follow the Host Family's rules in their home.
13. The Student will be considerate of the fact that Host Families do not have large water tanks for all their needs and will keep their showers to a reasonable length of time.
14. The Student shall consult the Host Family if he/she wishes to use household appliances.

15. The Student shall ask permission to use the telephone, will keep calls to a reasonable length of time and shall restrict late night calls after 10 pm. Any long distance calls should be made "collect" or using "time and charges" or calling card. Students are responsible for payment of all long distance calls they make.
16. The student shall help him/herself to food only with the knowledge and permission of the Host Family.
17. If a difficulty arises between the Student and the Host Family, the Homestay Coordinator should be notified immediately. Every effort to discuss and rectify the situation should be demonstrated.
18. The Student will not smoke in the Host Family's home if the Host Family does not smoke.
19. If the Student does not comply with all the policies listed in this agreement, they may be asked to leave their Host Family's home.
20. The family understands and agrees that cheques will be issued on the second Monday of each session. No deposit will be required from the Student. Payments to families are made in accordance to published dates.

I have read the above-stated terms and conditions and agree to abide by them as a condition of my participation in the program.

Student Name (please print): \_\_\_\_\_

Signature of Student: \_\_\_\_\_

Date: \_\_\_\_\_